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EDUCATION

- 1996 **Trainer, Educator and Practitioner of Psychodrama**
1992 **Certified Practitioner of Psychodrama**
September 1986 - 2000 Training in Psychodrama, Sociometry and Group Psychotherapy
Psychodrama Training Institute
New York, New York
- July 1990 **Master of Social Work**
Yeshiva University
Major Method - Clinical Casework
New York, New York
- June 1974 **Bachelor of Arts, English Literature and Theater**
Washington Square College
New York University
New York, New York

CLINICAL EXPERIENCE

- October 1990 - 1994 **REGENT HOSPITAL - New York, New York**
- Head of Psychodrama Services - Inpatient Dual Diagnosis Unit (Psychiatric and Substance Abuse)**
Coordinated Psychodrama Services on a 20 bed dual diagnosis unit on a locked ward.
Facilitated Psychodrama Groups that met twice a week.
Used Experiential Methods to explore issues of: Depression, Sobriety, Abstinence and Relapse Prevention.
Patient population ranged from: acutely psychotic and schizophrenic to bi-polar, obsessive compulsive and other affective personality disorders.
Focused on life management, emergent feelings and discharge planning.
- Head of Psychodrama Services - Inpatient Chemical Dependency Unit**
Coordinated Psychodrama Services on a 16 bed CD Unit on a locked ward.
Facilitated a weekly psychodrama group.
Experiential Methods were used to explore issues of: Sobriety, 12 Step Support, Relapse Prevention and Depression.
Examined discharge planning and creating an appropriate sober support network.
- Head of Psychodrama Services - Inpatient Chemical Dependency Unit for Gays, Lesbians & Bisexuals**
Coordinated Psychodrama Services on a 15 bed CD Unit on a locked ward.
Facilitated a weekly Psychodrama Group.
Used Experiential Methods to explore issues of: Sobriety, Abstinence, 12 Step Support, Relapse Prevention, HIV+ diagnosis, AIDS, Sexual Identity and Depression.
Examined discharge planning and creating an appropriate sober support network.

October 1990-
1992

JEWISH CHILDCARE ASSOCIATION - New York, New York
Youth Residence Center

Worked with emotionally disturbed adolescents.
Provided: Individual, Group and Family Therapy; concrete services and independent living skills.
Presented at interdisciplinary case conferences.
Attended in-service training seminars.

September 1991 -
present

INSTITUTE CONSULTATION CENTER - New York, New York

Creative Recovery Program - 12 Step Psychodrama Group

Developed a model of 12 Step Recovery using experiential methods.
Co-facilitate a weekly 12 Step Psychodrama Group focusing on the issues of recovery and relapse prevention.
Lead all - day experiential workshops on 12 Step recovery issues.
Experiential methods are used to gain insight, offer support and psycho-education to maintain sobriety.

September 1992 -
present

Prescriptive Psychodrama

Coordinate a program which offers individuals a chance to explore personal issues with a psychodrama support team.

September 1995 -
present

COMMON BOND - Round Lake, New York

Weekend Workshops for Personal Growth

Planned and co-facilitated a series of weekend workshops where participants are able to explore issues of personal concern through the support and involvement of a community interested in helping each other grow, heal and learn about themselves.
Some of the topics covered have been: Relationships, Spirituality, Addictions, Food Issues and Body Image.

April 1991 -
present

PRIVATE PRACTICE WITH INDIVIDUALS, COUPLES AND GROUPS - New York, New York

Specializing in: Trauma, Substance Abuse; Depression; Eating Disorders
Offering therapy for individuals, couples and families.
Lead weekly groups focusing on issues of: recovery, codependency, family of origin and childhood trauma.

TRAINING AND TEACHING EXPERIENCE

September 2006 -
present

PSYCHODRAMA & CREATIVE ARTS THERAPY INSTITUTE, NYC

Psychodrama Training and Personal Growth – Training Group

Facilitate a weekly group for students and professionals at the Intermediate Level in the Mental Health field in Psychodrama, Sociometry and Group Psychotherapy
Integrate readings, theory, philosophy and experiential methods. Offer opportunities for experiential learning, through directing, leading warm-up exercises

Psychodrama and Other Creative Arts Therapies – Training Group

Facilitate a weekly group for students and professionals in the Mental Health field integrating Psychodrama, Sociometry and Group Psychotherapy with other Creative Arts Therapies.

Weekend Psychodrama Training Program

Five Training Weekends in the Theory, Methodology and Practice of Psychodrama, Sociometry and Group Psychotherapy
Integrates readings and didactic material with experiential learning
Offers opportunities for learning through the practice of psychodrama techniques of directing and group facilitation

Director's Training Weekends

These training weekends give students the chance to explore the complex role of the Psychodrama Director. Includes Didactic and Experiential work as well as processing.

Literature Review and Exam Preparation Course

Conduct on-going classes in Psychodramatic Theory and experiential applications.
Review psychodramatic literature, helping students to integrate theory and practice.
Apply readings experientially.
Coach students for exam preparation for Psychodrama Certification.

Friday Psychodrama Open Learning Sessions

Conduct monthly Open Sessions in Psychodrama for personal growth and training.

Saturday Psychodrama Workshops for Training and Personal Growth – Training

Full day Training Seminars for students and mental health professionals in Psychodrama, Sociometry and Group Psychotherapy.
Integrate theory and methodology with experiential learning, offering opportunities for self-examination and personal growth work.

Sunday Psychodrama Workshops for Training and Personal Growth – Training

Half-day Training Seminars for students and mental health professionals in Psychodrama, Sociometry and Group Psychotherapy. Integrate theory and methodology with experiential learning.

Annual Summer Psychodrama Training Residential (1996 – Present)

Co-facilitate a weeklong residential training program in Psychodrama, Sociometry and Group Psychotherapy. Offering students, mental health professionals, nurses, clergy and educators an opportunity to learn the theory and practice Group Psychotherapy and Psychodrama and to practice their skills in a supportive atmosphere.

September 1992 -
2006

PSYCHODRAMA TRAINING INSTITUTE - New York, NY

1997 – 2006 Director of Training

Introduction to Psychodrama - Training Group

Facilitate a weekly Training Group at the Beginning Level for students and professionals in the mental health field in Psychodrama, Sociometry and Group Psychotherapy.
Learning is done through personal work.

Psychodrama Training and Personal Growth – Training Group

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November 1991

HUNTER COLLEGE - New York, New York

Drama Therapy Department

Taught introduction to Psychodramatic Methods to graduate students, encompassing history, methodology and practice of psychodrama.

February 1992
present

COLUMBIA UNIVERSITY - New York, New York

School of Social Work

Teach a class in Psychodrama, Sociometry and Group Psychotherapy to graduate students.
Use experiential methods to facilitate learning of history, methodology and theory of Psychodrama.

June 1996

NEW SCHOOL FOR SOCIAL RESEARCH - New York, New York

Psychology Department

Taught an Introduction to Psychodrama Class to undergraduate Psychology majors.
Used experiential methods to facilitate learning.

March 1997

STONEHILL COLLEGE - Brockton, Massachusetts

Department of Education

Taught students about the uses of Drama in the classroom, and how to apply Psychodramatic methods to teaching elementary school children the Language Arts and the joy of theater.

November 1993
present

THE TRAINING INSTITUTE - Calgary, Alberta

Residential Training Program

Designed and facilitated week-long residential training and weekend training seminars in Psychodrama, Sociometry and Group Psychotherapy for professionals in the field of mental health.
Areas of specialization: Substance Abuse, Grief and Loss, Eating Disorders and Group Dynamics.

March 1995
1998

COMMON BOND - Round Lake and Phoenicia, New York; Memphis, Tennessee; Atlanta, Georgia

Weekend Training Institutes

Designed and facilitated weekend residential training workshops in Experiential Therapy, Psychodrama, Sociometry and Group Psychotherapy for human service professionals.

Topics covered: Substance Abuse, Trauma, Loss, 12 Step Recovery, Relationships, Codependency, Spirituality and Creativity.

Residential Training Program

Co-facilitate a five day, yearly residential training program in Psychodrama and Experiential Therapy. Offers students, mental health professionals, nurses, clergy and educators an opportunity to learn the theory and practice of experiential therapy and have the opportunity to practice their skills in a supportive atmosphere.

CONFERENCE PRESENTATIONS

- April 1993 ASGPP (American Society of Group Psychotherapy and Psychodrama) Conference - Washington, DC
THE 12 STEP PSYCHODRAMA MODEL
- January 1994 New York Chapter ASGPP Psychodrama Conference, New York NY
THE 12 STEP PSYCHODRAMA MODEL
- April 1995 ASGPP Annual Psychodrama Conference - Roanoke, VA
BRINGING PSYCHODRAMA TO THE RECOVERY COMMUNITY.
- February 1996 New York Chapter ASGPP Psychodrama Conference
OUR PARENTS / OURSELVES
- April 1996 ASGPP Annual Psychodrama Conference - Houston, TX
AWAKENING THE GENTLE SPIRIT
- May 1996 CHILD ABUSE PREVENTION CONFERENCE - Tarrytown, New York
ENDING THE CYCLE: EARLY DETECTION & PREVENTION TRAINING FOR HUMAN SERVICE PROFESSIONALS
- February 1997 ASGPP Annual Psychodrama Conference - New York, NY
A CREATIVE WAY TO KNOWING: ART, SCIENCE AND THE SOUL
- May 1997 NASW 29th Annual Alcoholism Institute, New York, NY
ACTION METHODS FOR WORKING WITH SURVIVORS OF SEXUAL ABUSE
- November 1997 NADT Emotion and Distance in the Dramatic Therapies: A Collaborative Conference in the Dramatic Arts Therapies - New York, NY
INTRODUCTION TO PSYCHODRAMA
STEPPING IN, STEPPING OUT
- February 1998 3rd Annual New York Chapter ASGPP Psychodrama Conference - New York, NY
HEALING THE WOUNDED HEART
ARTISTIC TAPESTRIES
- April 1998 ASGPP Annual Psychodrama Conference - San Francisco, CA
HEALING THE WOUNDED HEART
ARTISTIC TAPESTRIES: THE ARTISTIC, CLINICAL AND SPIRITUAL UNDERPINNINGS OF THE PSYCHODRAMATIC PROCESS
- April 1999 ASGPP Annual Conference - Philadelphia, PA
THE BODY REMEMBERS WHAT THE MIND FORGETS - Pre-Conference Training Workshop
INTRODUCTION TO SOCIOMETRY

- April 2000 ASGPP Annual Conference – New York, NY
THE 12 STEP PSYCHODRAMA MODEL
INTRODUCTION TO SOCIOMETRY
- August 2000 IAGP (International Association of Group Therapy) Conference – Jerusalem, Israel
INTEGRATING SOCIOMETRY INTO THE PSYCHODRAMATIC PROCESS
THE 12 STEP PSYCHODRAMA MODEL
- April 2001 ASGPP Annual Conference – Toronto, Canada
INTEGRATING SOCIOMETRY INTO THE PSYCHODRAMATIC PROCESS
- September 2002 ASGPP Annual Conference – New York, New York
HEALING THE WOUNDED HEART
- February 2003 AGPA Annual Conference – New Orleans, Louisiana
CREATING SAFETY IN PSYCHODRAMATIC GROUP PSYCHOTHERAPY: INTEGRATING
THE TRIADIC SYSTEM OF PSYCHODRAMA, SOCIOMETRY AND GROUP PSYCHOTHERAPY
- February 2004 AGPA Annual Conference – New York, New York
THE 12 STEP PSYCHODRAMA MODEL
- May 2003 ASGPP Annual Conference – Santa Fe, New Mexico
THE 12 STEP PSYCHODRAMA MODEL: THE ROAD BACK IN
- August 2003 IAGP Conference – Istanbul, Turkey
THE SCIENCE OF SOCIOMETRY AND THE ART OF PSYCHODRAMA
- August 2004 BPA International Psychodrama Conference – Oxford, England
INTEGRATING SOCIOMETRY INTO THE PSYCHODRAMATIC PROCESS
INTERPERSONAL ROLE DIAGRAMS: CREATING DIALOGUE ACROSS CULTURES
- April 2004 ASGPP Conference – New York, New York
- February 2005 Ohel Family Services – Brooklyn, New York
INTRODUCTION TO THEORY AND METHODOLOGY OF PSYCHODRAMA
- April 2005 ASGPP Annual Conference – Miami, Florida
FROM GIRLS TO GRANDMAS
- April 2006 ASGPP Annual Conference – San Francisco
THE HERO / HEROINE'S JOURNEY: CROSSING THE THRESHOLD TO WHOLENESS / CONNECTING
TO SELF & OTHERS
A TOUCH OF GREATNESS
- February 2006 AGPA Annual Conference – San Francisco
HEALING THE DIVIDE BETWEEN PSYCHODRAMA & GROUP PSYCHOTHERAPY
- July 2006 IAGP Conference – San Paulo, Brazil
SOCIOMETRY AND PSYCHODRAMA: THE CONNECTING LINKS BETWEEN INDIVIDUALS, GROUPS
AND CULTURES
- April 2007 ASGPP Annual Conference – New York, New York
EXPLORING THE BELLY OF GRIEF
THE 12 STEP PSYCHODRAMA MODEL: GUIDE TO A SPIRITUAL LIFE
THE EVOLUTIONARY JOURNEY FROM DIRT TO GOD: AN ENERGETIC EXPERIENCE

- April 2008 ASGPP Annual Conference – San Antonio, Texas
INTRODUCTION TO SOCIOMETRY
- July 2008 Psychodrama Institute of Istanbul annual Summer Training Institute – Cappadocia, Turkey
SPONTANEITY & CREATIVITY: THE CORE ELEMENTS OF PSYCHODRAMATIC GROUP
PSYCHOTHERAPY
- November 2008 EGPS Annual Conference – New York, New York
CLOSING PLENERY:
SPONTANEITY & CREATIVITY: A PSYCHODRAMATIC TAKE ON HOW THERAPIST EVOLVE WITH
THEIR GROUPS
AN EVOLUTIONARY MAP: PSYCHODRAMATIC ROLE THEORY
- August 2009 IAGP Conference – Rome, Italy
SOCIOMETRY AND PSYCHODRAMA: THE HEALING POWER OF THE TRIADIC SYSTEM IN CONFLICT
RESOLUTION

SPECIALIZED TRAINING

- September 1986 - The River Center - New York, New York
June 1987 COUNSELING STRATEGIES FOR EATING DISORDERS
- February 1989 Long Island Jewish Hospital - Queens, New York
WORKING WITH CLIENTS WITH HIV & AIDS
- May 1985 - Pritikin Longevity Center - Santa Monica, California
May 1986 COUNSLING FOR WELLNESS AND NUTIRION
- August 1990 - Westwood Institute - Taos, New Mexico – Dorothy Baldwin Satten, PhD, TEP
August 1995 PSYCHODRAMA, SOCIOMETRY & GROUP PSYCHOTHERAPY
- September 1996- Transformational Energetics Institutes – New York, New York – Ann Bowman
August 2000 Four year training course integrating Bioenergetics, Core Energetics, Barbara Brenan Body Work
with other forms of mind-body modalities and creative arts therapies.
- October 2002 - Psychodramatic Bodywork – Toronto, Canada - Susan Aaron
Present Training program with Susan Aaron integrating Psychodrama with various forms of eastern medicine
and body work.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS / POSITIONS HELD

- 1985 - American Society of Group Psychotherapy and Psychodrama (ASGPP)
Present 1995 FELLOW OF THE ASGPP
1995 - 2003 EXECUTIVE COUNCIL OF THE ASGPP
1997 –1998 SECRETARY OF THE ASGPP
1998 – 2001 PRESIDENT – ELECT OF THE ASGPP
2001 – 2003 PRESIDENT – ASGPP
- 1993 - New York Chapter of the ASGPP
Present 1993 VICE-PRESIDENT, NEW YORK CHAPTER OF THE ASGPP
1996 - Present PRESIDENT, NEW YORK CHAPTER OF THE ASGPP
- 1992 - American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy
present CERTIFIED PRACTITIONER (CP)
1996 TRAINER, EDUCATOR AND PRACTITIONER (TEP)

- 1997 -
present American Society of Experiential Therapists (ASET)
BOARD OF EXAMINERS OF ASET
1997 CET II
- 1998 -
present American Group Psychotherapy Association
Member
2000 CGP
- 1999 -
present International Group Psychotherapy Association
Member
- 2005-
present American Board of Examiners in Psychodrama, Sociometry & Group Psychotherapy
Board Member
- 2008 -
Present Eastern Group Psychotherapy Society
Member