

**Mary-Jo Amatruda, M.A.,M.S.,TEP\*, CGP, N.B.C.C., LPC, MHC.**

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**CURRENT EMPLOYMENT**

Private Practice, New York, NY

Director of the Psychodrama Institute of New Haven.

Provides ongoing training for therapists interested in incorporating psychodrama techniques into their work.

Provides group and individual supervision for group therapists and psychodramatists.

Facilitates outpatient psychodrama therapy groups for children and adults.

**Presentations and workshops given** include: series of training workshops on psychodrama with children at the Sociometric Institute in Manhattan, the American Group Therapy Association's Annual Conference, the American Society for Group Therapy and Psychodrama Conference, Children's Group Therapy Conference, Group Therapy Network, New Haven , CT, area agencies, hospitals and universities.

**Organizations and Boards:**

Past Chair, American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy, Current Member

**PAST WORK EXPERIENCES INCLUDE:**

Twenty-five years mental health experience working with families, individuals and groups

Advanced training and experience in the fields of psychodrama and group therapy.

1981 – 1992: founded directed and administered a teen, sociodrama family-life theater group in Rochester, New York

1992-2000 directed psychodrama groups with adults and children in Connecticut psychiatric hospital settings.

Taught psychodrama course at Pratt Institute to Art Therapy Graduate students.

Provided supervision for creative arts therapists at Silver Hill Hospital in New Canaan, Connecticut, utilizing individual and group supervision formats to expand and supervise the work of the art and music and recreational therapists.

Previous career life - taught Latin and Greek at both the university and high school levels.

**WORK HISTORY**

*1999- present* Director, Psychodrama Institute of New Haven

*1995-2000* Clinician and Staff Psychodramatist, (Clinical Coordinator: 1996-97), Department of Psychiatry, Adolescent and Child Unit, Hospital of St. Raphael, New Haven, CT; Psychodrama Trainer/Presenter: Hospital of St. Raphael, Dept. of Psychiatry; Coordinating Council for Children in Crisis, New

Haven, CT; Ran a therapy group at the Center for Healing and Recovery, Norwalk CT.  
1998-1999: Adjunct faculty, Pratt Institute: introduction to psychodrama and sociometry.  
1994-1995 : Clinical Coordinator, Department of Rehabilitative Therapies, Silver Hill Hospital, New Canaan, CT  
1993-1994 Psychodramatist - Consultant, Elmcrest Psychiatric Hospital, Portland, CT.  
1993-1994 Psychodramatist, Crossroads Drug Treatment Program, New Haven, CT.  
1981-1992: Founder and program director, Awareness Theatre, Family Service of Rochester, Rochester, NY  
1987-1988: Coordinator of Family Life Education, Family Service of Rochester.  
1979-1982: Youth counselor, Brighton Youth Service, Rochester, NY.  
1976-1977: Crisis counselor and tutor, Walter Johnson High School, Bethesda, MD  
1975-1976 :Youth crisis hotline and drop-in counselor, YMCA, Bethesda, MD  
1969-1970: Teacher, The Academy of Basic Education, Milwaukee, WI  
1968-1969: Instructor, Marquette University, Milwaukee, WI

### **Education and Training**

Psychodrama Institute of New York : Louise Lipman, LCSW, TEP  
Hudson Valley Psychodrama Institute: Rebecca Walters, TEP  
Mary Nicholas, CSW, PhD: Advanced Group Therapy Training  
Psychodrama Institute of New Haven : Gene Eliasoph, LCSW, TEP  
Psychodrama Institute of the Finger Lakes : Karen McNamara, LCSW, TEP  
Gloria Maddox, Stoney Creek, CT: acting  
Johns Hopkins University, MS, counseling.  
Tufts University, MA: Greek and Latin.  
Wheaton College (Norton, MA), BA: Classics.

### **Memberships in Professional Organizations:**

American Society of Group Psychotherapy and Psychodrama  
American Group Psychotherapy Association  
American Counselors' Association  
Connecticut Counselor Association  
Children's Group Therapy Association.

### **Certifications:**

(\*TEP)Trainer, Educator and Practitioner of Psychodrama, Sociometry and Group Psychotherapy  
Counselor : (NBCC) Nationally Board Certified Counselor  
Group Psychotherapist: (CGP) Certified Group Psychotherapist

### **Licenses**

(LPC)Connecticut Licensed Professional Counselor  
New York State (MHC) Professional Mental Health Counselor

### **A Sampling of Presentations, Workshops, Seminars Offered**

Psychodrama as a Group Therapy

"Working with Children: Psychodrama Training Workshop"

"Action Interventions: The Practical Use of Psychodrama Methods with Individuals, Couples, Groups and Families"

"Psychodrama, Sociometry and Children: Mystery and Magic" Children's Group Therapy Conference,

"Out of the Shadow of the Trainer", American Society of Group Psychotherapy and Psychodrama,

"Couples" Workshops:

"Single Women" Workshop:

"Using Psychodrama with Couples": Central Conn. State Univ.,:

Family and Marriage Therapy Students,

"Using Psychodrama and Sociometry with Children": Bridgeport School District Social Workers and Psychologists,

"Adolescents and Psychodrama": Psychodrama Institute of New York

"Group Therapy with Adolescents": Social Work Students, New York University,

"Sociometry and Groups": Social Work Students, Sacred Heart Univ.

"Psychodrama and Art Therapy": Art Therapy Students, Albertus Magnus College.

"Psychodrama Techniques": Head Start Program

"Life Transitions":

**Awards and Recognitions:**

Fellow, American Society for Group Psychotherapy and Psychodrama

Zerka T. Moreno Award (ASGPP),

Aaron Stein Award (AGPA for the Awareness Theatre)